November 2020

Lap Swim Requirements: One must be able to complete 300 continuous yards (12 lengths of pool) or be over the age of 17

The week of November 2nd - 6th and 23rd - 25th there are No Swim Lessons so we will offer Lap Swim times in the evening to register for online
The Facility will be closed on Thurs. 11/26/20 and Fri. 11/27/20 for Thanksgiving.

Find the schedule and register for Lap Swim times online at: northliberty.recdesk.com/Community/Home

<u>Monday</u>	<u>l uesday</u>	<u>Wednesday</u>	<u>I hursday</u>	<u>Friday</u>
Open @ 6am	Open @ 6am	Open @ 6am	Open @ 6am	Open @ 6am
Lap Świm - 6 Lanes 6:15am-7:15am	Lap Swim - 6 Lanes	Lap Swim - 6 Lanes 6:15am-7:15am	Lap Swim - 6 Lanes	Lap Swim - 6 Lanes 6:15am-7:15am
Aqua Resistance 7:30a-8:20am 3 Lanes for Class	6:15am-7:15am	Aqua Resistance 7:30a-8:20am 3 Lanes for Class	6:15am-7:15am	Aqua Resistance 7:30a-8:20am 3 Lanes for Class
Lap Swim - 2 Lanes 7:35am-8:35am	7:35am-8:35am	Lap Swim - 2 Lanes 7:35am-8:35am	7:35am-8:35am	Lap Swim - 2 Lanes 7:35am-8:35am
Aqua Easy 8:45a-9:35am 3 Lanes for Class	8:55am-9:55am	Aqua Easy 8:45a-9:35am 3 Lanes for Class	8:55am-9:55am	Aqua Easy 8:45a-9:35am 3 Lanes for Class
Lap Swim - 2 Lanes 8:55am-9:55am	10:30am-11:30am	Lap Swim - 2 Lanes 8:55am-9:55am	10:30am-11:30am	Lap Swim - 2 Lanes 8:55am-9:55am
Lap Swim - 6 Lanes 10:30-11:30am	11:50am-12:50pm	Lap Swim - 6 Lanes 10:30am-11:30am	11:50am-12:50pm	Lap Swim - 6 Lanes
11:50-12:50		11:50am-12:50pm		10:30am-11:30am
1:10-2:10	1:10pm-2:10pm	1:10pm-2:10pm	1:10pm-2:10pm	11:50am-12:50pm
2:40-3:40pm	2:40pm-3:40pm	2:40pm-3:40pm	2:40pm-3:40pm	·
Pool Closed Group Swim Lessons	Private Lessons / Lap Swim	Pool Closed Group Swim Lessons	Private Lessons / Lap Swim	1:10pm-2:10pm
4:40-7:00pm No Lap Swim	4:00pm-5:00pm 2 Lanes for Lap Swim Private Lessons / Aqua Bootcamp	4:40-7:00pm No Lap Swim	4:00pm-5:00pm 2 Lanes for Lap Swim Private Lessons / Aqua Bootcamp	2:40pm-3:40pm
·	5:00pm-6:40pm		Swim Team 5:00pm-7:50pm	4:00pm-5:00pm
Lap Swim - 6 Lanes	No Lap Lanes Open Pool Closed Private Lessons/Zumba/Lap Swim	Aqua Toning 7:15p-8:05pm 3 Lanes for Class	No Lap Lanes Open Pool Closed	5:20pm-6:20pm
8:15pm-8:45pm	6:40pm-7:40pm 2 Lanes for Lap Swim	Lap Swim - 2 Lanes 7:15pm-8:00pm	Lap Swim - 6 Lanes	6:40pm-7:40pm
	Lap Swim - 6 lanes	Lap Swim - 6 Lanes	7:50pm-8:50pm	' '
	8:15pm-8:45pm	8:15pm-8:45pm		8:00pm-8:45pm
Closed @ 9pm	Closed @ 9pm	Closed @ 9pm	Closed @ 9pm	Closed @ 9pm